



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of SEPTEMBER 2023

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MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	3	588
JDN(Less than 40)		128
SSS I		319
SSS II		279
SSS III		237
PPS	1	328
CGP		36
AMS	-	133
PEPS		10
KHS	-	356
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

3. ACADEMIC ACTIVITIES

a) BRANCH LEVEL

13.09.2023: IMA Thalassery conducted a CME on 13.09.2023 at IMA Hall

13.09.2023: IMA Thalassery conducted a CME on 13.09.2023 at IMA Hall Thalassery. **CME on: 1-“Importance of cancer screening and screening status in India “by Dr.KVGangadharan, Medical Oncologist, Aster MIMS Calicut.**

2. “Cancer Screening, Guidelines and evidences”by Dr.Abdulla K P, Surgical Oncologist, Aster MIMS Calicut

3.”Fatty Liver and HCC” by Dr.AthulHareendran, Medical Gastroenterologist, BMH Kannur. The CME was followed by a lively interaction. Dr.JayakrishnanNambiar (President IMA Thalassery) presided over the meeting. 100 members attended the meeting.

The poster is for an event titled "INDIAN MEDICAL ASSOCIATION THALASSERY". It invites attendees to an "ELECTION GENERAL BODY MEETING & CME". The event is on Wednesday, 13.09.2023, at 8 pm, at IMA Hall, Thalassery. The poster lists three topics, each with a 10-minute duration:

- Topic 1:** "Importance of cancer screening and screening status in India" by Dr. KV Gangadharan, Medical Oncologist, Director and HOD of Oncology Dept., Aster MIMS, Calicut.
- Topic 2:** "Cancer screening, guidelines and evidences" by Dr. Abdulla K P, Surgical Oncologist, Aster MIMS, Calicut & Kannur.
- Topic 3:** "Fatty Liver and HCC" by Dr. Athul Hareendran, Medical Gastroenterologist, BMH, Kannur.

The poster also mentions "Election 6:00 pm-8:45 pm" and "CME 8:45 pm-9:25 pm". At the bottom, it lists the organizers: Dr. Jayakrishnan Nambiar (President IMA Thalassery), Dr. Nadeem Abooty (Secretary IMA Thalassery), and Dr. Sreejith V (Treasurer IMA Thalassery). A note at the bottom says "9.25 Onwards - Musical Night & Onam Sadhya".



b) SUB FACULTY OF AMS

23.09.2023: IMA Thalassery & AMS Thalassery conducted a CME on **“INTENSIFICATION OF DIABETES THERAPY: TIME FOR A PARADIGM SHIFT”** by Dr.Vikas Malineni,Consultant Endocrinologist,Baby Memorial Hospital,Kannur. The CME was followed by a lively interaction. Dr. Jayakrishnan Nambiar(President IMA Thalassery) presided over the meeting. Vote of thanks by Dr.Nadeem Abootty (Secretary IMA Thalassery).



C) STATE LEVEL

24.09.2023: SURYAKANTHI 2023

IMA Thalassery and WDW Thalassery hosted State WDW meet at IMA Hall Thalassery on 24th September 2023. Meet was inaugurated by Smt. Sreemathi teacher (Ex MP, Ex Health Minister of Kerala). Program was presided by DrSulphi Noohu (IMA State President) . Mrs .AjeethaBeegum IPS DIG of Police, Thrissur range was Guest of Honor for inaugural function. **IMA Thalassery Annual Magazine Potion 2023 was released by Dr.Sulphi N (State President IMA) handing overing to Dr.Jayakrishnan Nambiar. WDW Annual Magazine “Gulmohar” was released by Dr.Rajalakshmi (Chairperson WDW IMA KSB).** DrRajalakshmi (Chairperson WDW IMA KSB) welcomed the gathering. Annual report was presented by Dr.Deepa Augustine (Secretary WDW IMA KSB). Dr.Babu Ravindran T N(Past National Vice President IMA), Dr.Joseph Benaven(State Secretary IMA), Dr.Kavitha Ravi(Past National Secretary WDW),Dr.Rajeswari Amma(Past State President WDW), Dr.Asoka Valsala(Vice Chairperson WDW) ,Dr.Jayakrishnan

Nambiar(President IMA Thalassery), Dr.Geetha M(Chairperson WDW Thalassery), Dr.Suja Ajith (Secretary WDW Thalassery) addressed the gathering. Accademic session: Topic 1: "Life is Beautiful" by Dr.Mini Balakrishnan(Past President IMA), Topic 2: "Media and Women" by Dr.Jainy Ramesh(Asst.Professor, CAS College,Madayi). The Selected Pink Police members were honoured by IMA& WDW Thalassery . Following which cultural activities from various WDW Branches across the state was convened . Programme was attended by 150 members.





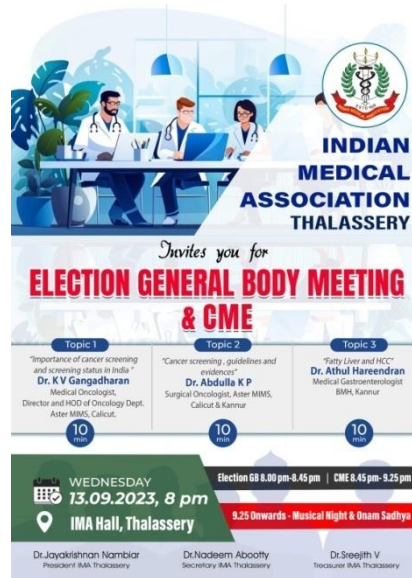


4. ORGANIZATIONAL ACTIVITIES

1) GENERAL BODY MEETING

13.09.2023: Election GB

Election General Body meeting was held at IMA house at 8:00 pm. IMA president Dr. Jayakrishnan Nambiar presided over the meeting. Returning officer Dr. Arun Kumar M K. declared the names of the new office bearers and he informed that there were only stipulated number of nominations for each post and henceforth election was not conducted. Dr. Aravind Nambiar was declared as the incoming President, Dr. Bithun as the incoming Secretary and Dr. Akhil as the incoming Treasurer. Other posts were also declared along with SWC and CWC members list



2) EXECUTIVE COMMITTEE MEETING

27.09.2023: Combined Executive Meeting

Combined Executive Committee Meeting on 27.09.2023 at IMA Hall Thalassery. Dr. Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. 35 members attended the meeting. Vote of thanks was proposed by Dr. Nadeem Abootty (Secretary IMA Thalassery).

3. ATTENDANCE IN STATE MEETINGS

10.09.2023: IMA State Sports 2023, Hosted by IMA Alappuzha District Committee at Chengannur.:

Thalassery IMA members actively participated as a part of Kannur district team and grabbed various medallions.

In Badminton Masters Dr. Pushparaj got runnersup trophy.

Table Tennis Mens Doubles Runner's - Dr. Prashanth Mappa & Dr. Dilnath Kallat.

Carroms Doubles Mens Runner's - Dr. Prashanth Mappa & Dr. Dilnath Kallat.

Women Badminton Double Semifinalist Dr. Suja Ajith.



5. SOCIAL ACTIVITIES

1. HEALTH EDUCATION CLASSES

12.09.2023: IMA Thalassery conducted a **Reproductive Health Awareness Class at Chothavoor HSS**. Dr. RadhikaAravind took the class. 85 students attended the class.



13.09.2023: IMA Thalassery conducted a **Reproductive Health Awareness Class at Brennen HSS Plus One Science Students**. Dr. Suja Ajith took the class. 85 students attended the class.



14.09.2023: IMA Thalassery conducted a **Reproductive Health Awareness Class at Brennen HSS Plus One Commerce Students**. Dr. SujaAjith took the class. 85 students attended the class.



16.09.2023: NCD class was conducted at FHC Muzhappilangad by Dr.Sreeja.



29.09.2023: IMA Thalassery conducted a Reproductive Health Awareness Class at Kavumbhagam HSS. Dr. Radhika Aravind took the class. 85 students attended the class.



2.MEDICAL CAMP

24.09.2023:Free Hernia Treatment Camp at Thalassery Mission Hospital.Dr.Devaraj T V (Laparoscopic Surgeon) examined the patients.

സൗജന്യ ഹെർണിയ ചികിത്സാ ക്യാമ്പ്
DATE: 24-09-2023 10AM TO 1PM

100 പേർക്ക് മാത്രം പ്രാർത്ഥന
10% വരെ ഇളവ്

LAST DATE OF BOOKING
23-09-2023
EVENING 5PM

ചികിത്സാ നിദാഗങ്ങൾ
FOR DETAILS OF THE CAMP PLEASE CONTACT
PRO: 9447 006 081

ENT | Nephrology | Paediatrics | Chest medicine | Orthopaedic | Cardiology | Pathology | Anaesthesia
Obstetrics & Gynaecology | Surgery | Radiology | Neurology | Dermatology | Gastroenterology
Urology | Psychiatry | Dentistry | General Medicine | Clinical Psychology | Audiology | Physiotherapy

Thalassery Mission Hospital
Goods Shed Road, Thalassery

0490 - 23 25 925
+91 9400 625 923

28.09.2023: Free Fibro scan

Free Fibro scan organized by Thalassery IMA at Co-operative Hospital, Thalassery.65 patients got the free service. Dr.Sandeep Narayanan, Consultant Gastroenterologist examined the patients.

തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റൽ
Caring hearts close to you

സൗജന്യ കിരൺരോഗ നിർണ്ണയ ക്യാമ്പ്
24hr സൗജന്യ സേവനം

28 സെപ്റ്റംബർ 2023 | വ്യാഴം
മുഖ്യം 9:30 മുതൽ ഉച്ചയ്ക്ക് 12:00 വരെ

For Booking & Enquiry
0490-2340000
7594-87-0003

www.tchthalassery.com

NAMMUDE AROGYAM SUBSCRIPTION

Thalassery IMA has been the subscriber for Nammude Arogyam. 400 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

COMMUNITY DEVELOPMENT PROGRAMME

05.09.2023: IMA Thalassery donated Shelf for MCC Pain and Palliative Unit .Programme was attended by Dr.Vanaja M &Dr.Neethu.



Financial aid to a transgender women for opening a café at Brennen College. Dr.Sujatha Mohan,Mrs.Padma Ramachandran attended the function



6.OBSERVATION OF IMPORTANT DAYS

05.09.2023: Teachers Day

IMA Thalassery honoured the Senior teachers of Nettur Technical Training Foundation, Thalassery in connection with Teachers Day Celebration.



13.09.2023: Onam Sadya & Musical Night

Thalassery IMA 2023 Onam celebrations was conducted at IMA hall from 13th 9.30 pm onwards. Programmes consisted of musical night by orchestra team and also performances by IMA members and family. Onamsadhya was served on the occasion. About 120 doctors and family members attended the programme.



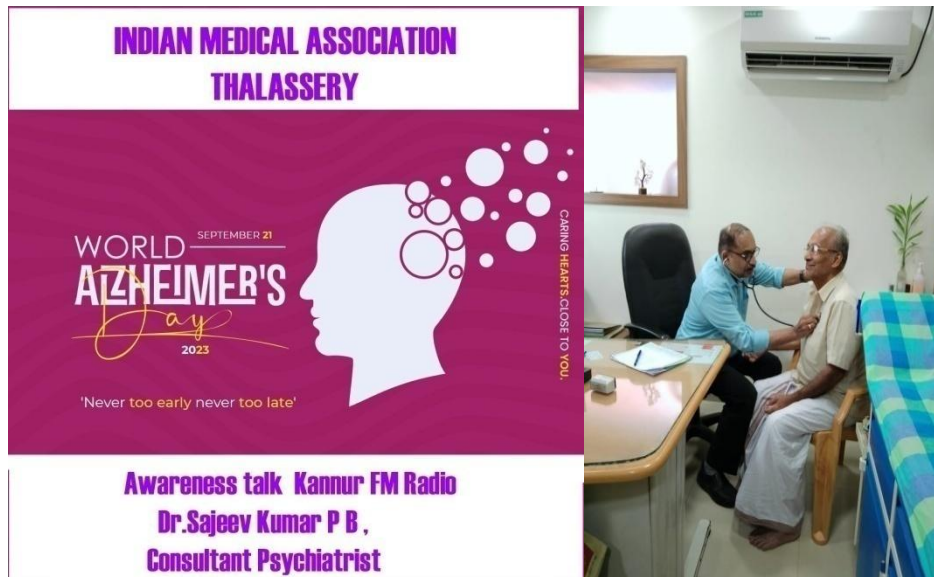
17.09.2023: WORLD PATIENT SAFETY DAY

As part of World Patient Safety Day, IMA Thalassery conducted a Free BMD Camp at Co-operative Hospital, Thalassery. 85 patients got the free service. Dr. Jayakrishnan Nambiar, (Consultant Orthopedic Surgeon and President IMA Thalassery) examined the patients.

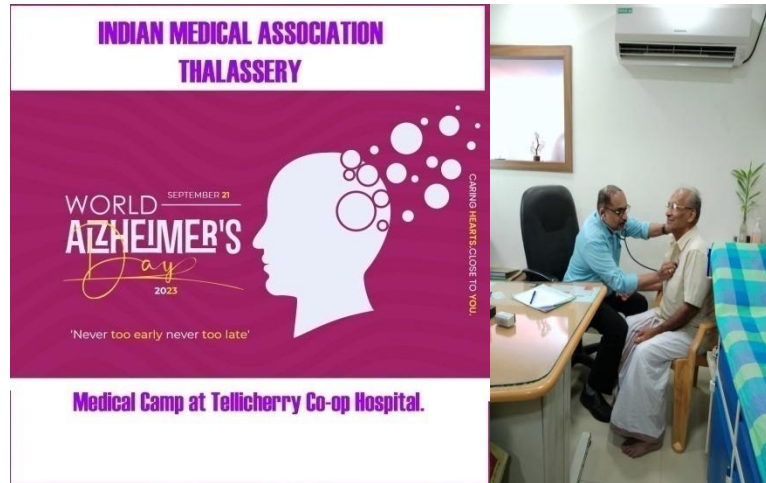


21.09.2023: WORLD ALZHIEMERS DAY

As a part of World Alzhiemers day an awareness talk was given by Senior Psychiatrist Dr. Sajeew Kumar P B in Kannur FM Radio



As a part of World Alzhiemers Day IMA Thalassery conducted a Medical Camp at Tellicherry Co-op Hospital. **Dr.Rajeev Nambiar (Consultant Neurologist)** examined the patients.



25.09.2023: WORLD LUNG DAY

As a part of World Lung Day IMA Thalassery conducted a Medical Camp at Tellicherry Co-op Hospital.**Dr.Dhanisha (Pulmonologist)** examined the patients.

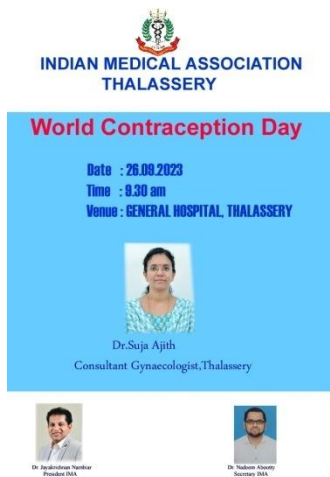


As a part of World Lung Day IMA Thalassery conducted a Medical Camp at Tellicherry Mission Hospital. **Dr. Sanjeev Kumar (Pulmonologist)** examined the patients.



26.09.2023: WORLD CONTRACEPTION DAY

World Contraception Day talk by **Dr. Suja Ajith** at General Hospital Thalassery . Attended by 25 participants. Antenatal mothers and post partum patients, public and staff General Hospital, Thalassery.



As a part of World Contraception Day IMA Thalassery conducted a Medical Camp at Josgiri Hospital. Dr. Venugopal P R (Consultant Gynaecologist) examined the patients.



The composite image consists of two parts. On the left is a blue promotional poster for 'World Contraception Day'. At the top is the IMA Thalassery logo. The text on the poster includes: 'INDIAN MEDICAL ASSOCIATION THALASSERY', 'World Contraception Day', 'Date : 26.09.2023', 'Time : 9.30 am', 'Venue : JOSGIRI HOSPITAL, THALASSERY', and a portrait of Dr. Venugopal P R, Senior Gynaecologist, Thalassery. Below the poster are two small portraits: Dr. Jayakrishnan Nambiar, President IMA, and Dr. Naseem Abootty, Secretary IMA. On the right is a photograph of a doctor in a blue coat and stethoscope sitting at a desk, examining a patient who is wearing a black headscarf. A poster of a baby is visible on the wall behind the doctor.

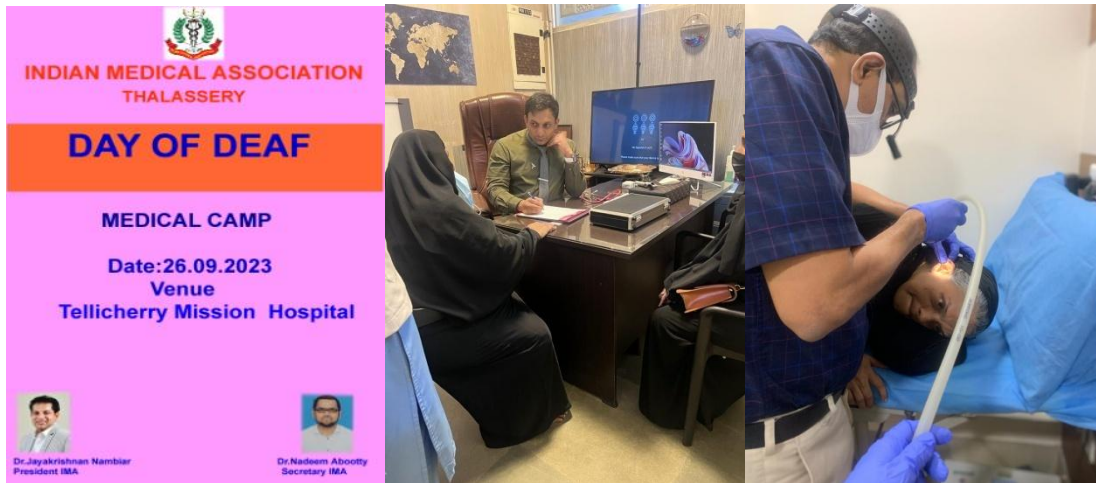
26.09.2023: DAY OF DEAF

As a part of Day of Deaf IMA Thalassery conducted a Medical Camp at Tellicherry Co-op Hospital. Dr. Vinayak (ENT Specialist) examined the patients.



The composite image consists of two parts. On the left is a pink and orange promotional poster for 'DAY OF DEAF'. At the top is the IMA Thalassery logo. The text on the poster includes: 'INDIAN MEDICAL ASSOCIATION THALASSERY', 'DAY OF DEAF', 'MEDICAL CAMP', 'Date: 26.09.2023', 'Venue: Tellicherry Co-op Hospital', and two portraits: Dr. Jayakrishnan Nambiar, President IMA, and Dr. Naseem Abootty, Secretary IMA. On the right is a photograph of a doctor in a light purple shirt and face mask examining the ear of an elderly patient seated at a desk.

As a part of Day of Deaf IMA Thalassery conducted a Medical Camp at Tellicherry Mission Hospital. Dr. Manojan P M & Dr. Hanish Haneefa (ENT Specialists) examined the patients.



29.09.2023: WORLD HEART DAY

As a part of World Heart Day IMA Thalassery conducted a Free Cardiology Camp at Tellicherry Co-op Hospital. Dr. Sreejith (Cardiologist) examined the patients.



As a part of World Heart Day IMA Thalassery conducted a Free Cardiology Camp at Tellicherry Mission Hospital . Dr.Srikumar S (Cardiologist) examined the patients.



As a part of World Heart Day IMA Thalassery conducted a awareness class at Chirakkara Vocational Higher Secondary School, Thalassery for NSS Students. Dr.Srikumar S (Consultant Cardiologist, Tellicherry Co-operative Hospital) took the class. 80 students attended the class.



As a part of World Heart Day IMA Thalassery conducted an awareness rally at Panoor in association with Nucleus Hospital, Panoor. Dr.Srikumar S, Consultant Cardiologist, Thalassery lead the rally.



7.SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

ACTIVITY REPORT OF IMA PAIN & PALLIATIVE CARE SOCIETY, THALASSERY

Pain and Palliative Reports

- 1.NUMBER OF NURSES HOME CARE CONDUCTED... 8(ON ALL WEDNESDAY AND SATURDAY)**
- 2.NUMBER OF VOUNTEERS HOME CARE CONDUCTED.. 8**
- 3.NUMBER OF VOUNTEERS HOME CARE PATIENTS.. 32**
- 4.NUMBER OF NURSES HOME CARE PATIENTS.. 32**
- 5.NUMBER OF OUT PATIENTS (OP) CONDUCTED.. 4 (ON ALL WEDNESDAY)**
- 6.NUMBER OF PATIENTS ATTENDED.. 88**
- 7.NUMBER OF WOUND CARE PATIENTS. 6.**
- 8.NUMBER OF CATHEETER CARE PATIENTS.. 12.**
- 9.NUMBER OF DEATH CASE... 7.**
- 10.NUMBER OF MORBHINE PATIENTS.. 46**
- 11.NUMBER OF VOUNTEERS PARTICIPATED IN THE HOME CARE VISITED... 7**
- 12.NUMBER OF NEW CASE... 14**
- 13.NUMBER OF DOCTORS HOME CARE. 1**
- 14.NUMBER OF DOCTORS HOME CARE PATIENTS.. 1**

TIDA PROJECT

Update on TIDA's Healers Haven Project.

IMA Thalassery's pride project is going well as planned. Currently 14th floor construction is going on out of 18 storey building. TIDA's phase 2 is in pipeline, it's mandatory government approval's process are being done. Almost 100 apartments is sold out.

DON'T DO DRUGS

Year Long Mission of IMA Tellicherry

One of the most terrifying menaces faced by the present world is drug abuse. Drug abuse refers to reckless usage of psychoactive drugs as recreational substances, consumed for pleasure. There are various mediums through which Drugs are consumed, like smoking, oral ingestion, inhalation, injection, etc.

All these drugs have tremendous side effects, which can later give rise to several diseases. Drug abuse affects one's stability of mind, inflicting mood swings and later psychological and physical addiction, leading to physical, emotional, job-related and other social problems. The statistics of drug abuse is frightening everywhere. Each year, drug abuse is directly and indirectly responsible for 11.8 million deaths all over the world. The number of drug related maladies is much more than this. Thus drug abuse can turn out to be a very scary affliction for the entire humankind.

In our state, the available data is alarming. Drug abuse among youngsters and even school children are being reported with a day by day increase. Government has come up with strict rules and regulations against drug abuse and distribution, which are being over thrown in many instances. Hence it becomes everyone's duty as responsible citizens, not to misuse the drugs and to involve in anti-drug campaigns.

As an association vouched to the comprehensive well being of the society, IMA Thalassery has decided to conduct a Year Long Mission to fight against drug abuse, with a catch line 'DON'T DO DRUGS'.

The general plan is to spread awareness by conducting classes, audiovisual demonstrations and advice sessions all over our territory by experts from medical field and others like educationists, sports persons, excise & police officials, lawyers, screen celebrities and opinion makers.

Moreover, IMA plans to involve in preventive and treatment aspects of the problem also. Such programs will address not only the drug abuse behavior itself, but also the relevant cultural, ethnic, regional, environmental and bio-psycho-social aspects of various population segments.

By embracing such an ambitious program, IMA Tellicherry expects to gradually bring about a drug free society around us. While envisaging this dream project, IMA expects honest support and truthful cooperation of responsible citizens from all sections of the society.

Please be with us in this noble pursuit...

Programs will be reported as and when they are conducted.

12.09.2023 : As a part of the 'Don't Do Drugs' campaign, IMA Thalassery conducted Awareness programme at St.Joseph's Higher Secondary School, Thalassery. Principal Mr.Denny welcomed the gathering.Dr. JayakrishnanNambiar (President IMA Thalassery), Dr.NadeemAbootty(Secretary IMA Thalassery)&Dr.Sajeev Kumar(Consultant Psychiatrist) took awareness classes on Drug Abuse. 300 students attended the programme.



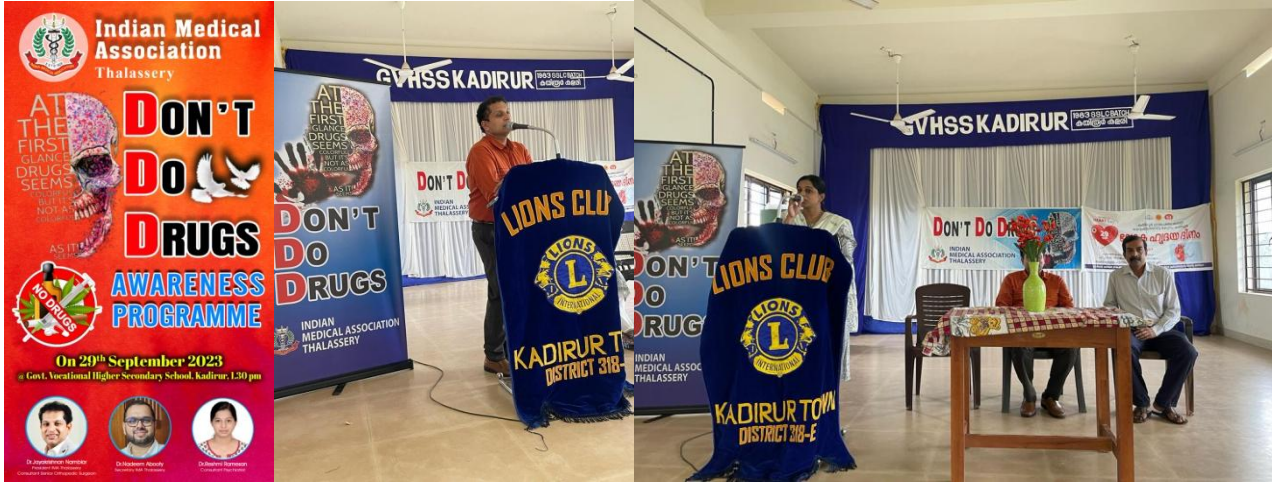
19.09.2023:As a part of the 'Don't Do Drugs' campaign, IMA Thalassery conducted Awareness programme at Govt Brennen Higher Secondary School,Thalassery. Dr. Jayakrishnan Nambiar (President IMA Thalassery) inaugurated the programme. Dr.JayakrishnanNambiar and Dr.Sajeev Kumar (Consultant Psychiatrist) took awareness classes on Drug Abuse. 300 students attended the programme.



26.09.2023 :As a part of the 'Don't Do Drugs' campaign, IMA Thalassery conducted Awareness programme at Amritha School, Thalassery. Dr. Jayakrishnan Nambiar (President IMA Thalassery), &Dr.Reshmi Ramesan(Consultant Psychiatrist) took awareness classes on Drug Abuse. 550 students attended the programme.



29.09.2023 :As a part of the ‘Don't Do Drugs’ campaign, IMA Thalassery conducted Awareness programme at Kadirur Vocational Higher Secondary School, Thalassery. Dr. Jayakrishnan Nambiar (President IMA Thalassery), &Dr.Reshmi Ramesan(Consultant Psychiatrist) took awareness classes on Drug Abuse. 525 students attended the programme.



Media

17.09.2023:Dr.Devaraj Consultant Laproscopic Surgeon at Thalassery Mission Hospital gave an awareness class on Kannur News Channel regarding – Hernia and Laparoscopy Surgery.

PUBLIC FUNCTIONS & SOCIAL INVOLVEMENT

Dr.Nadeem Abootty(Secretary IMA Thalassery) attended KANIV-TESTA REHAB CAMP conducted at Ayyalath School for Paralyised patients from Sep 1st to sep 3rd



Dr.Jayakrishnan Nambiar (President IMA Thalassery)was a chief guest on 12th Batch Postgraduates Convocation 2023 held at College of Nursing Thalassery..

